



## *Clearest*®

**Long-acting, Non sedating Antihistaminic / Decongestant capsules  
For Rapid Relief of Allergic Rhinitis, Sinus &  
Nasal Congestion, Sneezing and Rhinorrhea**

### **Composition:**

Each capsule contains:

- Cetirizine dihydrochloride 5 mg.
- Pseudoephedrine hydrochloride 120 mg.

### **Properties:**

- Cetirizine is a potent long-acting antihistaminic. It has been proved that Cetirizine does not cause sedation or any behavioral changes, since it is free from any significant anticholinergic or antiserotonin effects.
- Pseudoephedrine is a well known orally administrated vasoconstrictor producing a gradual but sustained decongestant effect to facilitate the shrinkage of the congested mucosa in the upper respiratory areas.

### **Indications:**

Clearest is indicated for the rapid relief of:

- Allergic rhinitis.
- Sinus & Nasal congestion.
- Common cold.
- Sneezing.
- Rhinorrhea.
- Nasal pruritis.

Clearest capsules are recommended when both the antihistaminic properties of Cetirizine and the decongestant effect of Pseudoephedrine are desired.

### **Dosage:**

Adults and children of 12 years or above: one capsule twice daily with or without food.

### **Side effects:**

In general Clearest is well tolerated, in rare cases mild gastro-intestinal discomfort, headache, tachycardia and nervousness may occur.

### **Contraindications:**

- Children under age of 12 years.
- Hypersensitivity to any of the product's components.
- Patients suffering from severe hypertension.
- Patients suffering from severe coronary artery disease.

### **Usage during pregnancy and nursing mothers:**

The use of clearest capsules during pregnancy has not been established. Therefore the product should be used only if the potential benefit justifies the potential risk to the fetus. Since cetirizine dihydrochloride and pseudoephedrine hydrochloride are excreted in breast milk, a decision should be made whether to discontinue nursing or to discontinue the use of this product.

### **Presentation:**

Strips, each strip contains 7 capsules.

### **Storage:**

Store below 30 °C

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**Produced by:  
Chemipharm Pharmaceutical Industries  
6<sup>th</sup> October City**

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